

# Team Shan Breast Cancer Awareness for Young Women School Presentation Outline

## Objective (short term)

- to increase awareness/knowledge level of breast cancer in young women for female student population

## Goals (long term)

- to increase early detection of breast cancer in young women
- to improve outcomes for young women diagnosed with breast cancer

## Presenter

- Lorna Larsen [Shanna's Mother, Team Shan President, Health Promotion Specialist (Registered Nurse)]

## Introduction

- introduction to Shanna Larsen (Shan), Team Shan and the presentation format

## Presentation

- review of breast cancer facts, risk factors, symptoms and self help strategies for young women
- questions and answers

## Audio Visual

- CD of Shan with friends, family, events and activities
- *Run for Life* DVD

## Closure

- *remembering Shan* article

## Resources

- Team Shan brochure (*Breast Cancer...not just a disease of older women*)
- Team Shan shower card
- Team Shan bookmark
- Team Shan button
- Team Shan website (teamshan.ca)

## Evaluation

- before and after assembly awareness/knowledge level questionnaire

## Contact

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